

Game Night Is Back In Style

(NAPSA)—Here's an entertaining idea: Instead of dining out or hitting the movies with your friends, invite the group over for a game night-themed dinner party. These low-cost get-togethers can be great opportunities to ignore cell phones and TVs and focus solely on some friendly competition. Plus, did you know:

- Sixwise.com, a family health website, says that board games are beneficial to people's mental and physical health, as well as their sanity. In fact, a RealNetworks, Inc. survey found "casual games" are a great way to relax.

- These timeless activities also provide long-term health benefits. A study in The New England Journal of Medicine found that mentally stimulating activities, such as board games and cards, are particularly good for the mind.

Consider these tips for planning a great game-night party:

1. Choose two to three games ahead of time.

2. Collect all cell phones, tablets and other technological distractions at the door.

3. Whip up some easy-to-eat, fun finger foods. Think about themes for your appetizers, drinks and desserts. For example, serve minidesserts that are named after key characters in the games.

4. Mix up some great game-themed drinks such as "Sangria Scrabble" or "Mango-tini Mystery" using Seagram's Escapes malt beverages as a base:

Sangria Scrabble:

- 1 4-pack Seagram's Escapes Sangria
- 4 oz. peach schnapps
- 1 bottle Prosecco
- 10 oz. orange juice
- Sliced fruit



Planning creative game-night parties can be simple—call up a few friends, plan an easy menu, mix up some tasty drinks and then play the night away.

Combine all ingredients in a large punch bowl. If making in advance, add the Prosecco and Sangria last to maximize the refreshing bubbles. Add sliced fruits such as apples, pears, peaches and oranges to soak in the liquid. Pour into glasses and enjoy.

Mango-tini Mystery

- 8 oz. Seagram's Escapes Mango
- 1 oz. vodka
- 2 oz. pineapple juice
- 1 mango (peeled and quartered)
- Lime wedges
- Ice

Combine vodka, pineapple juice and mango in a blender. Mix until smooth. Add Seagram's Escapes Mango and stir to combine. Serve over ice in a large cocktail glass. Garnish with a lime wedge and enjoy.

For more unique drink recipes, visit www.seagramsescapes.com or www.facebook.com/seagramsescapes.