

From The White House To Your House: Put Your Puppy On A Path To True Wellness



Official White House Photo by Chuck Kennedy

First Dog Bo calls the White House home.

(NAPSA)—The Obamas, like many other new dog families, have learned that the first year with their new puppy, Portuguese Water Dog Bo, is both a rewarding and challenging time.

Celebrity pet expert Andrea Arden shares her advice for how any family can raise a healthy dog who fits well into the family if they establish a routine of providing superior nutrition and exercise, along with regular veterinary check-ups right from the start.

“The family’s first year with a new pup is full of wonderful experiences,” she says. “Pet parents can provide a strong foundation for lifetime wellness—even if they don’t live in the White House.”

Here are Andrea Arden’s tips to help new dog owners do the best for their pets:

Eat Right

The most important thing pet parents can do for their new puppies is feed them a food that not just meets but exceeds basic nutritional needs. It’s vital that puppies start their life on the right path by putting their best paw forward and eating superior, natural pet food. “I feed Wellness® Natural Pet Food to my own dogs,” says Andrea, “because they carefully select pure, simple, authentic ingredients. Each ingredient has a purpose and I trust their foods to provide the foundation of my dog’s well-being.”

For instance, Wellness® Just for Puppy and Wellness Super5Mix® Large Breed Puppy Health foods and snacks contain the essential nutrients for puppy brain, vision and nervous system development: natural fish oils and fish meal, the leading sources of DHA, a natural

Omega-3 fatty acid. With one of the highest levels of DHA available, they provide the nutritional profile that puppies require to thrive.

Regular Visits to the Vet

Because our dogs can’t talk to us, it’s important to pay attention to subtle changes in their behavior and/or physical appearance as these could be the first indicator of a developing health issue. It’s essential to schedule newly adopted dogs for regular annual examinations by a trusted veterinarian. Vet visits are absolutely necessary to maintain the highest level of care for your new dog.

Get Lots of Exercise

Exercise is essential for a dog’s happy and long life. Exercise doesn’t have to be strenuous in order to be beneficial to their well-being, but regular exercise is key. Set aside a brief period of time daily dedicated to physical activity for your dog. Doing this on a regular basis also gives your pup something to look forward to and strengthens their bond with you.

Establish a Bond

The bonding process between dog and owner is a critical one. Spend regular one-on-one time together where your new dog has your complete focus and attention. Daily training sessions, reinforcement of good behavior, even brushing your dog daily will build a routine, cementing a bond with your pup for years to come.

These tips will help you enjoy a great new puppy experience and will guarantee a lifetime of true wellness for your pet.

For more information, visit wellnesspetfood.com.