

74 WORDS, 30 SECONDS

EYE ON HEALTH

RISK FACTORS FOR EYE DISEASE INCLUDE FAMILY HISTORY, ETHNICITY AND AGE. THE AMERICAN ACADEMY OF OPHTHALMOLOGY RECOMMENDS ALL ADULTS HAVE A COMPREHENSIVE EYE EXAM BY AGE FORTY. IN ADDITION, HIGH BLOOD PRESSURE, HEART DISEASE AND DIABETES CAN ALSO AFFECT EYESIGHT. IF COST IS A CONCERN, THE AMERICAN ACADEMY OF OPHTHALMOLOGY'S EYECARE AMERICA PROGRAM MAY HELP. VOLUNTEER OPHTHALMOLOGISTS PROVIDE EYE CARE TO ELIGIBLE SENIORS AND OTHERS AT RISK FOR EYE DISEASE. LEARN MORE AT E-Y-E-C-A-R-E-AMERICA--DOT--ORG.