

# BEAUTYWISE

## “Enhancing” Your Appearance? You May Get More Than You Figured

(NAPS)—As we start the new millennium, many women consider a different or fresh start to feeling stronger and looking better. While exercise and eating right are a good start, some find plastic surgery to be an easier alternative.



**When we are bombarded by images of the “perfect body” we don’t often see the health risks associated with trying to achieve this image.**

Breast implants may not accomplish the goal of making you look and feel better. In fact, there are a number of risks to your health that you should consider including:

- Tightening of the scar tissue surrounding the implant can lead to painful, misshapen breasts and is a precursor to implant rupture.
- Rupture and deflation.
- Breast implants obscure mammographics and self-exam, making early detection of breast cancer more difficult.
- Loss of breast and/or nipple sensation.
- Rupture, deflation, hardening and infection can lead to multiple surgeries which carry risks of their own.

An informative brochure, *Painful Truths: What Women Still Need to Know About Breast Implants*, is available by calling the Command Trust Network at 310-556-1738 or visiting the site [www.fda.gov/cdrh/breastimplants](http://www.fda.gov/cdrh/breastimplants).