

## DRY EYE, OR IS IT ALLERGIES?

TWO COMMON EYE PROBLEMS ARE DRY EYES AND EYE ALLERGIES. THE SYMPTOMS ARE SIMILAR, SO IT'S IMPORTANT TO HAVE A MEDICAL EYE EXAM BY AN OPHTHALMOLOGIST TO DETERMINE THE APPROPRIATE TREATMENT. EYE ALLERGY SYMPTOMS COME FROM SENSITIVITY TO MOLDS, POLLEN, DUST, GRASS OR OTHER ALLERGENS. DRY EYE IS A COMPLEX DISEASE. SYMPTOMS MAY INCLUDE SENSITIVITY TO LIGHT, DRYNESS, ITCHINESS, FEELING SOMETHING IN THE EYE, EYE FATIGUE, AND EXCESS EYE WATERING. IF YOUR EYES REMAIN IRRITATED, SEE AN OPHTHALMOLOGIST FOR A MEDICAL EYE EXAM. IF YOU'RE CONCERNED ABOUT THE COST OF THE EXAM, THE AMERICAN ACADEMY OF OPHTHALMOLOGY'S EYE-CARE AMERICA PROGRAM PROVIDES MEDICAL EYE CARE, OFTEN AT NO OUT-OF-POCKET COST TO SENIORS AND THOSE WHO ARE AT INCREASED RISK FOR EYE DISEASE. SINCE 1985, THE PROGRAM HAS HELPED MORE THAN TWO MILLION PEOPLE WITH SIGHT-SAVING EYE CARE AND RESOURCES. TO SEE IF YOU OR YOUR LOVED ONES ARE ELIGIBLE, VISIT EYE-CARE-AMERICA--DOT--ORG, THAT'S E-Y-E-CARE-AMERICA--DOT--ORG.