

Did You Know?

(NAPS)—Research shows parents are not pleased with education in America these days, but hope for innovations and improvements when the COVID is over, suggests EdChoice; that nonprofit organization promotes educational choice so that America can achieve universal educational choice for all families. Learn more at www.edchoice.org.

Remaining socially engaged improves quality of life for older adults and is associated with better mental and physical health. The Eldercare Locator can help. Visit eldercare.acl.gov or call (888) 677-1116 to get connected to a nearby agency that can provide much-needed support, right in the community.

Seeking a great gift? Adopt A Coquí from Discover Puerto Rico, can be the answer. Go to www.DiscoverPuertoRico.com to help the tiny frogs. At that site you can discover the splendors of the island itself and plan on giving yourself the gift of a visit there.

In addition to protecting their country, Americans in the armed forces can protect their families with a long-term care policy. Visit LTCFEDS.com/militaryfamily to learn more about the benefits of applying for the Federal Long Term Care Insurance Program (FLTCIP).

According to the Center for Secure Retirement and Bankers Life, 79% of middle-income Boomers have no money set aside specifically for their retirement care needs. Fortunately, a financial planner can help. Learn how at www.bankerslife.com.

New technologies can measure hidden cancer cells in people who have leukemia or multiple myeloma so their treat-



ment can be properly adjusted. To find a specialist who can develop a plan that works for you, visit www.clonoseq.com.

Home Chef, the largest meal kit company both in stores and online, can answer the common “what’s for dinner?” dilemma whether you’re a long-term planner or like to drop into the grocery store the same day. Learn more and see what’s on the menu at www.homechef.com.

The sunflower is 2021’s Flower of the Year and the Prayer Plant is Plant of the Year according to the experts at 1-800-Flowers. Through unique floral arrangements, thoughtful plant gifts, gourmet gift baskets, and more, 1-800-Flowers.com can connect you with loved ones.

Easy California Sweetpotato Minestrone is a riff on the classic Italian soup, loaded with veggie- and legume-goodness and made even better with superfood California Sweetpotatoes, a great source of vitamin A, potassium, fiber, antioxidants and vitamins C and E.

Minimizing airborne viral load in the indoor school environment can help maintain and support the safe reopening of schools during the pandemic. Air filtration systems by Delos can help. Learn more at www.delos.com.