

# Did You Know?

(NAPS)— The challenges brought by the COVID-19 pandemic have spurred many businesses to support their employees' mental health. Employers can turn to the Mental Health Toolkit developed by the U.S. Department of Labor-funded Employer Assistance and Resource Network on Disability Inclusion (EARN). Learn more at [www.AskEARN.org/mentalhealth](http://www.AskEARN.org/mentalhealth).

Internet Protocol Captioned Telephone Service lets people with hearing loss speak during a phone call and read captioned responses on telephone or mobile app. The Clear2Connect Coalition helps protect their right to do so as guaranteed under the Americans with Disabilities Act. Learn more at [www.Clear2Connect.org](http://www.Clear2Connect.org).

How and when you prepare your equipment for seasonal changes can save you time and money later, says the Outdoor Power Equipment Institute (OPEI). Learn about safe fueling at [www.LookBeforeYouPump.com](http://www.LookBeforeYouPump.com) and other facts and tips at [www.opei.com](http://www.opei.com).

The importance of women entrepreneurs is demonstrated by the effect their businesses have on the economy and the opportunity they provide to create role models for future generations, point out the experts at Herbalife Nutrition. Learn more at [www.herbalife.com](http://www.herbalife.com).

The Elizabeth Dole Foundation and Department of Veterans Affairs launched an emergency respite care fund for family caregivers of wounded, ill, and injured veterans. This Relief for Military and Veteran Caregivers provides professional home care to veteran caregivers during the pandemic. Learn more at [www.hiddenheroes.org/respite](http://www.hiddenheroes.org/respite).

Gardeners enjoy their harvests and many want to share their bounty with friends and family far away. Unfortu-



nately, invasive pests can hitchhike on homegrown plants, fruits and other agricultural products when you mail or ship them, warns the USDA. Learn more at [www.HungryPests.com](http://www.HungryPests.com).

Food and beverage cartons are highly recyclable and can be turned into office and writing paper, toilet paper, tissues, paper towels, and even sustainable building materials, explain the experts at the Carton Council of North America. Learn more at [RecycleCartons.com](http://RecycleCartons.com).

Findings from a recent preclinical study in animal cells by university researchers suggest that a coenzyme called nicotinamide adenine dinucleotide (NAD+) in cells plays an important role in cells' immune response to COVID-19. Learn more at [www.aboutNAD.com](http://www.aboutNAD.com).

If you're a soldier, veteran, or proud military supporter, you can become a permanent part of history at the National Museum of the United States Army. Send information about your service to [www.armyhistory.org/the-registries](http://www.armyhistory.org/the-registries). Buy a commemorative brick at [www.armyhistory.org/bricks](http://www.armyhistory.org/bricks).

In many rural and other places where cable and fiber don't go, satellite Internet does. For example, the Viasat system covers all 50 states, reaching some of the most remote parts of the country. Learn more at [www.viasat.com](http://www.viasat.com).