



DIABETES MANAGEMENT: IT TAKES A TEAM

DIABETES IS A DISEASE THAT OCCURS WHEN YOUR BLOOD GLUCOSE, ALSO CALLED BLOOD SUGAR, IS TOO HIGH. DIABETES CAN DAMAGE THE EYES, KIDNEYS, NERVES AND HEART, AND IS LINKED TO SOME TYPES OF CANCER.

MANAGING DIABETES TAKES A TEAM. ASK YOUR PRIMARY CARE PROVIDER IF YOU SHOULD TALK WITH OTHER HEALTHCARE PROFESSIONALS ABOUT YOUR CONCERNS.

YOUR DIABETES CARE TEAM CAN INCLUDE A NUTRITIONIST, DIABETES EDUCATOR, PHARMACIST OR A VARIETY OF OTHER HEALTHCARE PROFESSIONALS.

VISIT N-I-D-D-K--DOT--N-I-H--DOT--GOV TO LEARN MORE.