

# Mother's Day Tips

## Pointers On Pleasing The Women In Your Life

(NAPS)—Although the abolitionist, suffragist and lyricist of the “Battle Hymn of the Republic,” Julia Ward Howe, first wrote a “Mother’s Day Proclamation” in 1870, and in 1908 Anna Jarvis sent hundreds of white carnations to a church in honor of her own activist mother, it wasn’t until 1914 that Mother’s Day was declared an official holiday in America.

Here are some additional fun facts and stats about Mother’s Day along with a clever cocktail you can share with her as well.

### Moms Celebrated Around The World

More than a hundred countries celebrate Mother’s Day in some way. In Ethiopia, the festivities last for three days. In Britain, they celebrate “Mothering Sunday” on the fourth Sunday of Lent with a special service in “mother church.”

### New Mothers Are Older

According to the U.S. Census Bureau, the average age of women giving birth in the U.S. is now 30, the highest on record.

### Time To Call Your Mother

Mother’s Day is the second Sunday in May every year—and more phone calls are made that day than at any other time.

### A Toast To Mom

Celebrate Mom with an easy and flavorful tropical sangria. This five-minute cocktail comes together with a few ingredients over ice—add premeasured rum and white wine, a 7.5 ounce can of Seagram’s Escapes, your choice of fruit and *voila*.

You can double or triple the recipe to create an easy, flavorful punch for a Mother’s Day party or add extra spirits for a stronger cocktail, or swap in your favorite sliced fruits.



**An easy-to-create, flavorful cocktail can be a great way to toast your mother this Mother’s Day—and at any time.**

### Mother’s Day Tropical Sangria

- ½ cup sliced fruit (assorted berries, lemons and oranges)
- ½ oz spiced rum
- ½ cup white wine
- 1 can (7.5 oz) of Seagram’s Escapes Jamaican Me Happy

Add ingredients to a pitcher or glass with ice and stir to combine. Garnish with fruit slices. Chill until ready to serve.

This easy and refreshing cocktail is made with the national bestseller Seagram’s Escapes Jamaican Me Happy, which boasts delicious flavors of lemon, watermelon, strawberry and guava. It comes in a convenient new 7.5 oz size can, so there’s no measuring required. Because the size is also handy for sampling, you can try a variety of flavors to find the one you enjoy most.

As the weather warms, you can freeze Jamaican Me Happy or any of Seagram’s Escapes’ indulgent flavors with lemonade, then blend for a grown-up slushy.

You can find this and other delicious recipes at [www.Seagram’sEscapes.com](http://www.Seagram’sEscapes.com).